

**Intensive Outpatient Program
(IOP) Schedule
EVENING**

4-5 PM	MONDAYS Snack (Client Brings) Group Begins	TUESDAYS Snack (Client Brings) Group Begins	THURSDAYS Snack (Client Brings) Group Begins
5-6 PM	Group	Group RD Session	Group RD Session
6-7 PM	(Client Brings) Dinner & Wrap Up	(Client Brings) Dinner & Wrap up Tx. Planning	(Client Brings) Dinner & Wrap Up Goal Setting