

Day Intensive Outpatient Program 10-2 PM Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-12 PM	Snack (Client Brings Own) Group Begins	Snack (Client Brings Own) Group Begins	Snack (Client Brings Own) Group Begins	Snack (Client Brings Own) Group Begins	Snack (Client Brings Own) Group Begins
10-12 PM	VITALS Tx Planning	VITALS RD Session Meal Plan	VITALS Tx Planning	VITALS RD Session Meal Plan	VITALS Tx Planning
12-12:15 PM	Staff Monitored Break	Staff Monitored Break	Staff Monitored Break	Staff Monitored Break	Staff Monitored Break
12:15-1 PM	Group Wrap Up	Group Wrap Up	Group Wrap Up	Group Wrap Up	Group Wrap Up
1-2 PM	(Client Brings) Lunch	(Client Brings) Lunch	(Client Brings) Lunch	(Client Brings) Lunch	(Client Brings) Lunch
1:30-2 PM	Goal Setting	Goal Setting	Goal Setting	Goal Setting	Goal Setting & Weekend Planning